



## Bethany Poston

April 7, 1982 - December 10, 2020

Bethany Diane Poston, age 38, of Sterling Heights, passed away December 10, 2020.

Beloved wife of Mark. Loving daughter of Kenneth and Diane Ray. Dear sister of Laura Cook and Amy Halt.

Bena was a loving wife, daughter, sister, soon to be mother, and friend. Her core values were spirituality, education, relationships, good health, and creativity. She was a Child Care Director and owner at Retro Daycare and was also pursuing her bachelor's degree in Childhood Development through Rochester College.

Bena's passions included child care, hiking, backpacking, art, literature, music, and performing service work. Her biggest dream was to become a mother. Bena was deeply loved by her family, taken far too soon, and will be dearly missed.

Visitation will take place on Friday, December 18, from 2 - 8 p.m. at Wm. Sullivan and Son Funeral Home, 705 W. 11 Mile Road (4 blocks east of Woodward), Royal Oak. A memorial service will take place on Sunday, December 20, at 3:00 p.m. at St. John's Episcopal Church, 26998 Woodward Ave., Royal Oak. Due to social distancing guidelines, only ten people are

permitted in the church for the service. However, the service will be streamed live over the internet; please see St. John's website for the link: <https://www.stjohnsroyaloak.org/>.

Memorial contributions to St. John's Episcopal Church in Royal Oak are appreciated.

Share a memory at [www.SullivanFuneralDirectors.com](http://www.SullivanFuneralDirectors.com).

# Previous Events

## Visitation

DEC **18**. 2:00 PM - 8:00 PM (ET)

Wm. Sullivan and Son Funeral Directors-Royal Oak  
705 W. Eleven Mile Road  
Royal Oak, MI 48067  
(248) 541-7000  
royal@sullivanfh.com  
<https://www.sullivanfuneraldirectors.com/>

## Memorial Service

DEC **20**. 3:00 PM (ET)

St. John's Episcopal Church  
26998 Woodward Avenue  
Royal Oak, MI 48067

# Tribute Wall

FW

“ I came to know Bena through my work at Great Start to Quality. It was evident from our initial meeting that Bena was a genuine person who truly loved the work she did with the children and families she cared for. My heart is deeply saddened to know that such a sweet and kind person is gone. But Bena will never be forgotten. My thoughts and prayers are with Bena's family and friends during this difficult time. - Felicia Wodarski



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**Felicia Wodarski** - December 20, 2020 at 01:25 PM



“ Full Of Love Bouquet was purchased for the family of Bethany Poston.



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December 19, 2020 at 10:34 AM

VM

“ Have so many fond memories with Bethany. She will be missed dearly. Sending prayers and hugs to her family. She truly was one of a kind and an amazing person.

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**Valerie Maliniak** - December 18, 2020 at 05:24 PM



“ *Beautiful Dreams was purchased for the family of Bethany Poston.*



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December 18, 2020 at 08:14 AM



“ *Mike and Karie Lyon purchased the Medium Dish Garden for the family of Bethany Poston.*



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**Mike and Karie Lyon** - December 18, 2020 at 08:02 AM



“ *Amy and Fr. Dave Halt purchased the Ringed by Love for the family of Bethany Poston.*



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**Amy and Fr. Dave Halt** - December 17, 2020 at 04:32 PM



“ *I didn't know Bethany however it seems as though we were in the same online program for early childhood. May God bless her and her family during this time and especially during these overall difficult times.*



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**Melodi** - December 17, 2020 at 04:19 PM



“ Philip Labut purchased the Divine Peace Bouquet for the family of Bethany Poston.



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**Philip Labut** - December 16, 2020 at 08:42 AM

AH

“ So sorry for your loss. God knows best. This is just another wake-up call to remind us that death is no respecter of persons. The scripture said, Be he ready for in such an hour as he thinks not the son of man cometh. Matt: 24:44. I pray that you will find peace in God's amazing grace. I want you to know that death is not the last enemy to be destroyed. You will see your Bethany again just hold strong. Former classmate.  
Alvareen Hylton

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**Alvareen Hylton** - December 15, 2020 at 07:58 PM



“ Guiding Light Bouquet was purchased for the family of Bethany Poston.



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December 15, 2020 at 04:49 PM

WK

“ My deepest, heartfelt condolences to Mark and all of Bethany 's family .  
Sincerely,  
Walli Koenig

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**Walli Koenig** - December 15, 2020 at 04:48 PM



“ Beautiful Heart Bouquet was purchased for the family of Bethany Poston.



December 15, 2020 at 04:00 PM



“ Heavenly Grace Spray was purchased for the family of Bethany Poston.



December 15, 2020 at 02:56 PM



“ To Mark, Laura, and all who loved Bena, my deepest condolences. Bena was such a special person. She was so full of love and warmth. Bena was the best daycare provider we could've hoped for; she loved our kids so much. She was a dear friend and I wish so much I had the opportunity to grow even closer. Bena, you are loved and deeply missed. Love, Lindsey

Lindsey Smith-Mann - December 15, 2020 at 02:30 PM

ST

“ So thankful for the privilege of getting to know Bena. She was warm, compassionate, and endlessly resilient. She treasured the unique bonds with her husband and with her sisters as well. There was nothing more meaningful to her. Amid the most trying challenges, she would find hope and a way forward. And undoubtedly, heaven today is brighter, shinier, and more pristine than ever before.

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**Steve** - December 15, 2020 at 11:14 AM

LR

“ Mark, you and your family are in our prayers. So terribly sorry for your loss.

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**Larry Ruehlen** - December 15, 2020 at 09:47 AM

SA

“ Mark and all loved ones - I'm so terribly sorry for your loss of Bena and am praying over all. Please let me know how else to help / support.

*Steve Aldrich, and on behalf of Mark & Martha Aldrich as well*

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**Steve Aldrich** - December 14, 2020 at 05:55 PM

CT

“ Chris & Holly Tews purchased the Beautiful Dreams for the family of Bethany Poston.



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**Chris & Holly Tews** - December 14, 2020 at 05:41 PM

MH

“ so sorry for your loss, I will always remember bena, an extraordinary and wonderful person who helped me so much, I will miss her greatly, my prayers are with you mark love Mary

Mary Hoover - December 14, 2020 at 05:31 PM

LB

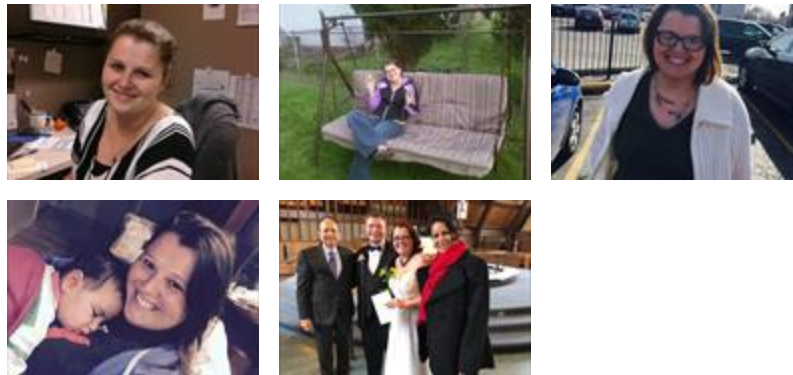
“ Love Ken, Becky and Aubrey Bernock purchased the Dreams From the Heart Bouquet for the family of Bethany Poston.



Love Ken, Becky and Aubrey Bernock - December 14, 2020 at 03:05 PM

AN

“ 9 files added to the tribute wall



Anu - December 14, 2020 at 01:39 PM

AN

“ *My best buddy is no more. Bethany was a sweet, rare gem of a soul who came into my life more than 15 years ago. Buttercup - I am better for knowing you, better for loving you, better for having met you. Those we love don't go away, they walk beside us every day... unseen, unheard, but always near, still loved, still missed, and very dear. This is not goodbye, but I'll miss you until we meet again.*

*My sincere condolences to Mark, Laura & the family. Love & prayers to you all.*

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**Anu** - December 14, 2020 at 01:08 PM

LA

“ *Love you always, Anu purchased the Beautiful Heart Bouquet for the family of Bethany Poston.*



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**Love you always, Anu** - December 14, 2020 at 12:59 PM

GK

“ *I am so incredibly sorry to hear of Bena's passing. My sincere condolences go to Mark and the rest of the family. Prayers for you all.*

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**Greg Kelly** - December 14, 2020 at 10:35 AM

BW

“ *Sending love and prayers from the whole Withers Family. Love, Beth, Chris, Chris Jr. and Marcus.*

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**Beth Withers** - December 14, 2020 at 08:13 AM

LS

“ LOVE, Aunt Cindy, Steven, Matthew & Sarah purchased the Beautiful in Blue for the family of Bethany Poston.



LOVE, Aunt Cindy, Steven, Matthew & Sarah - December 13, 2020 at 11:42 PM



“ Loved One Vertical Blanket was purchased for the family of Bethany Poston.



December 13, 2020 at 11:29 PM

MA

“ 1 file added to the album Memories Album



Markposton87 - December 13, 2020 at 07:32 PM

MA

“ 1 file added to the album Memories Album



Markposton87 - December 13, 2020 at 07:32 PM

MA

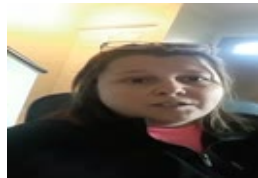
“ 1 file added to the album Memories Album



Markposton87 - December 13, 2020 at 07:30 PM

MA

“ 1 file added to the album Memories Album



Markposton87 - December 13, 2020 at 07:29 PM



*Beautifully stated by a beautiful person.*

Philip Labut - December 14, 2020 at 07:15 PM

MA

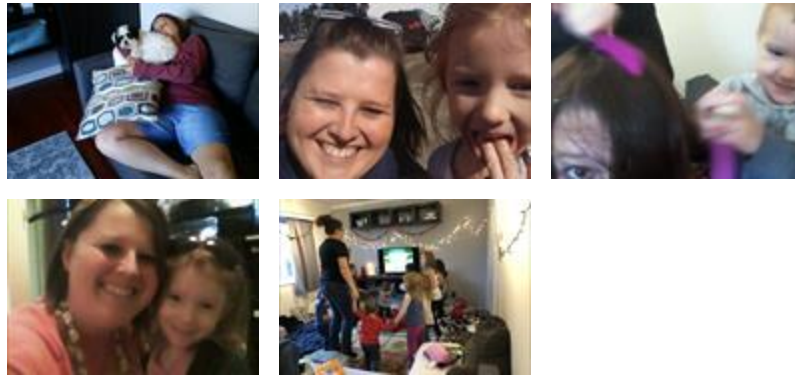
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Markposton87 - December 13, 2020 at 06:48 PM

MA

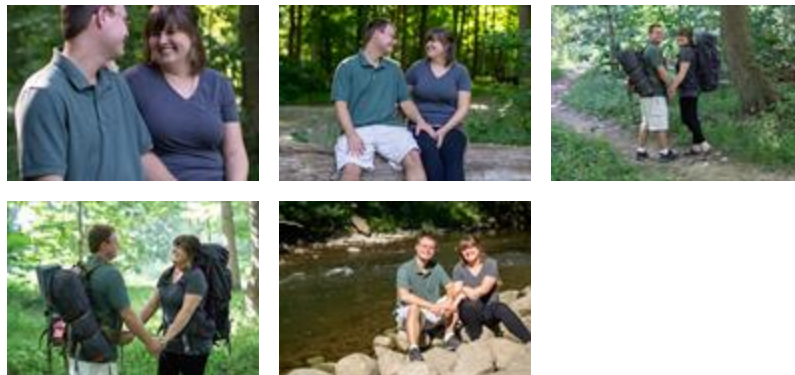
“ 7 files added to the album Memories Album



Markposton87 - December 13, 2020 at 05:49 PM

MA

“ 7 files added to the album Memories Album



Markposton87 - December 13, 2020 at 05:46 PM

MA

“ 1 file added to the album Memories Album



Markposton87 - December 13, 2020 at 05:41 PM

MA

“ 3 files added to the album Memories Album



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Markposton87 - December 13, 2020 at 05:40 PM

MA

“ 16 files added to the album Memories Album



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Markposton87 - December 13, 2020 at 05:37 PM

MA

“ 1 file added to the album Bena Video



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Markposton87 - December 13, 2020 at 05:09 PM

PP

“ *Bena is one of the sweetest people I’ve had the opportunity of knowing. She was dearly loved by my daughters and she truly cared for them with her entire heart. Never did I worry about my girls when Bena was with them. Bena wasn’t afraid of making lasting impressions and getting down with the children in her daycare. Many times I dropped off or picked up to dancing, singing, paint projects, or story time. My 3rd daughter attended her daycare every Monday and loved it! To me personally, Bena was my Guardian angel. She came to us as a caregiver after the unexpected passing of my farther. Bena helped my family in a way that made days possible during that extremely difficult time. We send all of our love and prayers to Mark, her sister Laura and all family. May God wrap you in his love Bena, until we meet again...xoxo*

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**Pamela Potter** - December 13, 2020 at 03:56 PM

CV

“ I met Bena several years ago when I tracked her down via an article she had written which was published in the Grapevine. We recruited her to help facilitate a Grapevine writing workshop we were organizing. She was instantly enthusiastic, an enormous help and addition to our efforts in sharing her experience writing, submitting and publishing in Grapevine, and a true joy to work with.

Subsequently she joined our committee and helped organize two more workshops and also helped with the East Central Regional forum in Detroit in July of 2019. As I worked with her on these events I came to know her caring, compassionate and committed nature. She shared her love of children through her efforts at her daycare and her hopes and dreams of motherhood.

I texted her two weeks ago to check on how she and Mark were doing since we moved from SE Michigan at the end of June. I was so excited to learn that they were pregnant and doing well, expecting a baby in May.

I was shocked and profoundly saddened to hear of her passing. She will be incredibly missed by those whose lives she touched. I cannot imagine the pain of those closest to her and I offer our family's most heartfelt condolences.

With much love,  
Chuck Valleau, Jennifer Ciccone, and Fulton

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Chuck Valleau - December 13, 2020 at 09:27 AM

RL

“ *Bena was a rare gem. She was kind, loving, compassionate, caring and insightful. She first came into my life by caring for my daughter at her daycare. I trusted her fully and she was everything my daughter needed. She was a gift and treasure to have as a childcare provider. Over the course of our time at the daycare, we developed a friendship that I will treasure always. Our deepest condolences and prayers are with Mark and their families as they grieve this enormous loss. I imagine Bena now wrapped in our Saviors loving arms filled with the fullness of His love and Joy. May God be with those who mourn her loss and provide comfort and peace.*

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**Rebecca Longstreet** - December 12, 2020 at 10:37 PM