



Frederick J. Gast

May 24, 1944 - June 16, 2025

Frederick John Gast passed away on June 16, 2025, at the age of 81. He was a loving husband, father, grandfather, son, brother, friend and teacher.

Fred was born in Detroit, Michigan on May 24, 1944, to the late Frederick F. and Helen (nee Brickman) Gast. He was the youngest of three siblings, cared for by his older sisters, Alma Gast and the late Sharon Highlund. A lifelong Lutheran, he attended Bethany Lutheran and Stellwagon Elementary Schools; Lutheran High School East; and Concordia Junior College in Milwaukee, Wisconsin; before graduating from Concordia Senior College in Fort Wayne, Indiana.

Fred spent one year at the Concordia Lutheran Seminary in St. Louis, Missouri, before taking his first job teaching fourth grade at Trinity Lutheran School in Utica, Michigan. He went on to serve as a Lutheran school teacher at Trinity and at Peace Lutheran School in Shelby Township, Michigan, for over 40 years, touching the lives of hundreds of students. A lifelong sports fan, he served as a coach and athletic director, umpire and referee. He also taught adult Bible classes and eighth grade confirmation classes. It was at Trinity that he met his dear wife Carolyn, a fellow Lutheran school teacher.

He is survived by his dedicated wife Carolyn, children Scott Gast and Cheryl Bullaro and her husband Jim Bullaro, grandchildren Jimmy and Jake Bullaro,

sister Alma Gast, many cousins, nieces and nephews, and many friends. He will be dearly missed and lovingly remembered.

Memorial contributions in honor of Fred may be directed to the Win Graebner Scholarship Fund at Trinity Lutheran School in Utica, Michigan.

A memorial visitation will be held on Sunday, June 22, from 2-6pm at the Wm. Sullivan & Son Funeral Home, 8459 Hall Road (3blks. E. of Van Dyke) in Utica. A memorial service will be held the following day, Monday, June 23, with instate at 12:30pm until the time of the service at 1pm at Trinity Lutheran Church, 45160 Van Dyke Ave in Utica.

Previous Events

Memorial Visitation

JUN **22**. 2:00 PM - 6:00 PM (ET)

Wm. Sullivan and Son Funeral Directors-Utica
8459 Hall Road
Utica, MI 48317

Instate Memorial Visitation at Church

JUN **23**. 12:30 PM - 1:00 PM (ET)

Trinity Lutheran Church
45160 Van Dyke
Utica, MI 48317

Memorial Service

JUN **23**. 1:00 PM (ET)

Trinity Lutheran Church
45160 Van Dyke
Utica, MI 48317

Tribute Wall

KK

“ Peace be with the Gast family. Mr. Gast was my educator in his first year of teaching fourth grade at Trinity (Utica). He was a most memorable mentor.

Kerry Klingensmith - August 19, 2025 at 11:44 AM

DT

“ Debbie Tumath lit a candle in memory of Frederick J. Gast



Debbie Tumath - June 23, 2025 at 08:15 AM

BO

“ Mr. Gast was a wonderful, dedicated, kind teacher and coach. He really had a way of connecting with our class and showing he cared. I also remember him coaching us in the gym in his referee shirt with that whistle blowing to get us kids fired up! He made us feel proud no matter if we won or lost a game. May God's peace comfort your family, knowing he is resting in Jesus.

Beth Olah - June 21, 2025 at 12:27 PM

MW

“ I worked with Fred at Peace Lutheran Shelby Twp. He was also my daughter's teacher. His love for Jesus was evident as he interacted with students, colleagues, and all. May the hope of Jesus' resurrection comfort all who mourn Fred's death. The good work that was begun in Fred has been brought to completion... well done good and faithful servant!

Mark A Werner - June 20, 2025 at 02:38 PM

DS

“ I am so deeply sorry for your loss. I grew up on the other side of sports competitions from Fred as I grew up at St. John Fraser but I got to know Fred while in high school as I was a friend of a Trinity member. For years there were only wonderful memories of Fred. I wish I could have known him better. And now I find myself a member of Trinity May God's peace and comfort flow over you at this time.

Dennis Sheppard - June 20, 2025 at 02:37 PM

LC

“ I am so deeply sorry for your loss. My years and memories at Trinity are full of Mr. Gast, his smile, encouragement, and enthusiasm always shining through! Take comfort in your knowledge that he is now resting in peace with our Lord and Savior.

Lori Coluzzi - June 20, 2025 at 11:43 AM